

Your Daily Schedule

AM



BATHROOM:

- Toilet
- Wash hands & face
- Brush Teeth
- Comb Hair
- Sunscreen



Make bed



Get dressed



Put dirty Pjs in wash basket



Eat Breakfast



Take vitamins



Goodbye hugs

PM



Pick up toys & tidy room



Pack backpack



Put on Pjs



Put dirty clothes in wash basket



BATHROOM:

- Bath time
- Toilet
- Wash hands & face
- Brush teeth



Read for 15 minutes



Lights out